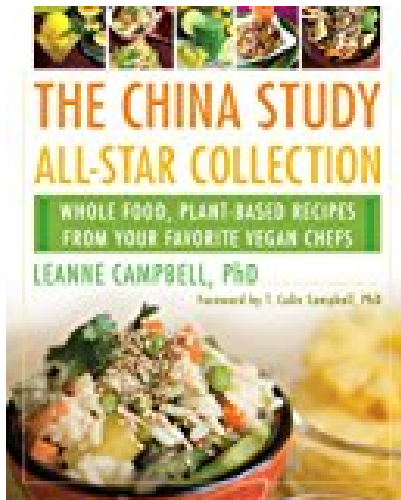


The China Study All-Star Collection Whole Food Plant-Based Recipes from Your Favorite Vegan Chefs



BOOK DETAILS

- Author :
- Pages : 304 Pages
- Publisher : BenBella Books
- Language : English
- ISBN : 1939529972

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BOOK SYNOPSIS

Following her bestselling *The China Study Cookbook*, LeAnne Campbell brings together top names in the plant-based community to share their favorite and most delicious recipes in *The China Study All-Star Collection*. Featuring your favorite chefs and cookbooks authors, *The China Study All-Star Collection* includes foods from Happy Herbivore chef Lindsay S. Nixon; Del Sroufe, author of the New York Times bestseller *Forks Over Knives Cookbook*; Laura Theodore, host of PBS' *Jazzy Vegetarian*; and pioneering researcher Dr. John McDougall, which all follow the nutrition standards set forth by *The China Study*. Even better, with delectable dishes such as Dreena Burton's *Sneaky Chickpea Burgers*, Heather Crosby's *Peppermint Chocolate Chunk Ice Cream*, Christy Morgan's *Fiesta Quinoa Salad* and Christina Ross's *Daikon Mushroom Fettuccine*, this collection of recipes has you covered for any occasion or craving. With an introduction from *The China Study* co-author Dr. T. Colin Campbell, *The China Study All-Star Collection* is the ultimate plant-based cookbook for healthful, savory eating.

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