

# The Ultimate Guidebook for Teens With Food Allergies Real Advice Stories and Tips

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## BOOK DETAILS

- Author : Food Allergy Canada
- Pages : 176 Pages
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- ISBN : 1682229165

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## **BOOK SYNOPSIS**

Food Allergy Canadas "The Ultimate Guidebook for Teens with Food Allergies" is the comprehensive guide for youth looking for more information on living with food allergies. The tips, stories and advice are written by youth, for youth and cover a large range of topics including: Dating with Food Allergies Travelling Dining Out Recovering Emotionally After a Reaction Bullying Educating Others Signs and Symptoms And more! The 21-chapter book is beautifully illustrated by Katelyn Gerke and includes many research facts and opportunities to learn more. All of the content has been medically reviewed. This book was funded by a donation from TD Securities.

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